管制令期间，居家受圣灵体验谈

见证一

见证者：马静恩姐妹
槟城教会

“圣灵”这个通往天国的凭据，过去对我来说是那么的遥不可及。因为过去不论是在安息日聚会结束前的按手祷告，或是少年班生活营的祈求圣灵时间，我都是满怀希望地跪下认真向神祈求，却是一次又一次地失望而归。然而，当我巡视全会场或是帮助会众时，我就会发现圣灵临格在我，以及会众的身上。当我在一个安静的环境，独自祷告时，我就会感觉到圣灵的力量。我记得有一天，在一个安静的环境中，我独自祷告时，我感觉到圣灵的力量，我突然感觉到一种强烈的感动，我立刻站起来，跪在地上，开始祷告。圣灵的力量就在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣灵的力量在我身上显现出来。我感到圣

见证二

见证者：潘冠霖姐妹
峇央峇鲁教会

奉主耶稣圣名作见证，2021年12月13日对我来说是一个值得纪念的日子。因为我自懂事以来最难以忘怀的日子，因为主耶稣于这日把祂宝贵的圣灵赏赐了给我。感谢主的大恩大爱！

线上神学班到当天，我和表姐俊蓉、堂妹凯宁照着约定聚集在外公江路加油站的事的家，一起参加为期两个星期的第一学期短期神训课程。在第一天的两堂祈求圣灵时，我都先为表姐和堂妹祷告，祈求圣灵赐圣灵给他们，之后我才向主祈求让我体验圣灵感动，因为当时我幼稚的认为自己还没体验过圣灵感动，应该没有资格领受圣灵吧！我的祷告便进入从未有过的专注，突然间我笑了起来，我不确定这不算得是圣灵感动。

第二天傍晚的祈求圣灵时段，我照常为家人及教会同工祷告，并祈求神赦免我的过犯。祷告不久后我感觉得到圣灵的感动，口里所说的“哈利路亚”竟变成在说“Hodulujah”，我以为这是祷告累的表现出的失常，便尝试着把舌头拉直。过了许久我决定放下手头的书，开始祷告时，我突然感到全身热了起来，但这现象只维持了几秒，之后结束祷告的铃声响了。我决定稍后自己
再作祷告。晚餐后我独自上楼，锁上房门跪下祷告。一开始时因不想到别人听到我祷告声，于是小声地向神认罪祈求赦免并将祂倾诉不为人知的心事。逐渐地我的眼泪表面呈现一片温润的淡蓝色，接着我的舌头就受控制的卷动说起来灵言，而双手也一直震动不停，这样维持了一阵子，突然我感觉圣灵好像要离去了，就赶紧说“神啊！不要离开我，不要离开我，我需要您”。”我越祷告就越大声，越祷告就越有力量，真想一直不停地祷告下去。之后当然还是停止了祷告，第一时间飞奔下楼，边哭边喊：“妈妈，我好像得圣灵了！”在外公的催促下按手祷告后确认我已领受了圣灵。当时的我内心充满喜乐和感谢，感谢神赐我圣灵坚固了我的信仰，一切荣耀归给神，阿门！

后记：我的堂妹凯宁和表姐俊谊亦先后在12月18日和23日领受了宝贵的圣灵，感谢主的恩典和赏赐！

见证三

见证者 • Jewis Ansanar 弟兄
双溪大年教会

奉主耶稣圣名小弟作见证，小弟是Jewis Ansanar弟兄，今年38岁，如今在双溪大年空军军营服役。

在第一次行动管制期间，我开始在工作场所祷告。当有闲余时间或有想要祷告的感动时，我会到更衣室跪下祷告。在此之前，我很少在工作场所祷告。因为这段时间的限制，我没有办法去教会，因此我觉得有自行崇拜的必要。除了祷告，我还聆听圣经和祷告录音播来的，也从书上读来此的习惯已经持续了大约7年之久。在每一次的祷告中，我都会虚心地祈求主赦免我的罪，同时也会祈求圣灵。

自2021年9月7日开始，小弟开始感觉自己祷告的祈求发生了变化，这种感觉很不一样，是我从来没有经历过的，那时是24小时值班，因此有机会来作更长的祷告。大概10至15分钟，突然，感觉舌头变得不一样了，我无法控制它。心里感到高兴的同时也感到惊讶，因为这是我第一次有这种经历。在接下来的祷告中有同样的体验。直到9月14日，我把这些事告诉了执事。除了提供圣经经文作为参考外，执事也邀请我在9月20日到教会按手祷告，以确定是否已领受了圣灵。祷告后，传道与执事告诉我确实领受了圣灵。得到这样的确定后，我感到如释重负，并不再忧虑。

现在，我仍然会利用空余时间在工作场所中作祷告。我觉得只要认真祷告，并谦卑地祈求祂的赦免，神一定会悦纳我们的祷告。小弟的见证到此。愿一切颂赞，荣耀都归主耶稣，阿门！

1st Witnessing

Witness • Sis Jinn Beh Jing En
Air Tawar Church

Hallelujah, in the name of the Lord Jesus I bear testimony.

There were times that I considered the Holy Spirit, which is the guarantee of our inheritance in the kingdom of God, as something far beyond my reach. In the past, whether it was the concluding prayers during the Sabbath services with the laying of hands, or the prayer for the Holy Spirit sessions during the Junior Youth Bible Camps, I knelt down to pray earnestly with hope. Yet, I was disappointed after each and every prayer. God who searches the hearts of men, however, had mercy on me. He knew that I needed the help of the Holy Spirit to keep my faith. Two weeks before the end of 2021, God granted me the precious Holy Spirit. I thank God for His grace, and His name is indeed worthy of all praises.

Before the prayer for the Holy Spirit at 8am on 14 December 2021, which was the third day of the online Short-Term Youth Theological Training Course, Pr. Ezekiel Chang encouraged the students to be grateful to our parents for their toil and labour, and pray earnestly for the Holy Spirit to help us to be filial children. I was deeply moved by Pr. Chang’s encouragement, and resolved to pray more fervently for the Holy Spirit. I knelt down to pray, and repeated, “Hallelujah, Praise the Lord Jesus! O Lord Jesus, please grant me the Holy Spirit.” Soon after, my hands began to vibrate, I was overwhelmed by a strong sensation that gushed up within me; and crying uncontrollably. When the prayer ended, I asked my mother excitedly if crying uncontrollably was a sign of being moved by the Holy Spirit. My mother, however, encouraged me to pray even more earnestly.

02 (W) M’sia GA Newsletter (西马)总会会讯
During the prayer for the Holy Spirit the next morning, I prayed with increasing persistence for the Holy Spirit, my hands began to vibrate continuously. After a while, I felt relax and prayed for help from the Lord Jesus. Thereafter, my tongue began to roll involuntarily, and I spoke in tongues. I felt that there was a force pushing my entire body that I was even more fervent in my prayer, and my body vibrated even more. My heart filled with joy and gratitude that the Lord Jesus had granted me the Holy Spirit.

During the Sabbath service on 18 December, and after Pr. Nehemiah Ooi and Dn. John Ooi laid hands on me during the prayer, they confirmed that I had received the Holy Spirit. Upon hearing this, I could not help but shed tears of joy. It is my hope that all my fellow students, who have yet to receive the Holy Spirit, will continue persistently and be earnest in praying for the Holy Spirit. When our Almighty and omniscient God sees the ardent yearning in your hearts for Him, He will surely listen and answer your prayer. Amen!

Witness • Sis Phan Guan Ni
Bayan Bharu Church

Hallelujah, in the name of the Lord Jesus I testify.

13th December 2021 will always be an unforgettable day, for it was on this day the Lord Jesus bestowed His precious Holy Spirit upon me. Thank the Lord for His wonderful grace and love!

During the first day of the Youth Theological Training Course (YTTTC), my older cousin, Jun Rong and my younger cousin, Kai Ning gathered at our grandfather, Dn Luke Kong house as stipulated. All of us were attending the first year YTTTC together. During the two prayer sessions on the first day, I focus in my prayer to the Lord to bestow the Holy Spirit upon my cousins. Only later I only started praying to the Lord to allow me to experience the movement of the Holy Spirit. At that time, I naively recon that I wasn’t “qualified” to receive the Holy Spirit since I have never been moved by it. I began to focus on my prayer like never before. Suddenly, I began lauging. Yet, I wasn’t sure if this was the movement of the Holy Spirit.

During the evening prayer on the second day, I prayed for my family and my friends in church as usual. I also asked God to forgive me for my transgressions. Not long after, I felt my tongue rolling, and I began to say “Hallelujah” instead of “Hallelujah”. I thought this was because I was tired from praying, thus I tried to straighten my tongue. Not long later, I began to focus in my prayer again. This time, I felt my entire body warming up, but this phenomenon only lasted for a few seconds. The bell rang and the prayer session ended. I then decided to pray alone later.

After dinner, I went upstairs alone, locked the door to my room and knelt down to pray. At first, I didn’t want anyone to hear, so I prayed softly to God, confessing my sins, praying for His forgiveness, and pouring out my deepest thoughts. Gradually, a warm and faded blue light appeared before me. My tongue began to roll uncontrollably, and I started speaking in tongues, while my hands continue to vibrate. This continued for some time. I suddenly felt the Holy Spirit was about to depart, so I cried out immediately, “Don’t leave me, O God! Don’t leave me! I need You!” I began to pray louder and louder, and the more I pray, the more powerful I felt. At that point of time, all I wanted was just to continue praying. Nevertheless, my prayer eventually came to an end, and I ran downstairs in a jiffy. As I ran, I cried out in tears: “Mum, I think I’ve received the Holy Spirit!” After my grandpa, Dn. Kong laid hands on me, I was confirmed to have received the Holy Spirit. At that time, my heart was filled with joy and thanksgiving. Thank the Lord for bestowing upon me His Holy Spirit to strengthen my faith. May all glory be given unto God. Amen!

Afterword: Later, my younger cousin, Kai Ning and older cousin, Jun Rong, received the precious Holy Spirit on December 18 and December 23 respectively. Thank the Lord for His grace and gift.
In the name of Lord Jesus, I bear testimony about receiving the Holy Spirit. My name is Jewis Ansanar, I am 38-year-old and am now working as a soldier in Sungai Petani Airport Camp.

During the first MCO, I started praying at my workplace. Whenever there are leisure times or church programmes relating to the need for prayer, I will head to the changing room to pray there. Before this, I rarely pray at my workplace, so I felt the need to pray due to the lack of attending church services during the MCO. Besides prayer, I also listened to the short sermons shared by Dn Jonah. This practice lasted for about a year. During the prayers, I asked for the forgiveness of sins with a humble heart and also prayed for the Holy Spirit.

From 7 September 2021 onwards, I felt that there were changes in my prayer; the feeling is quite different and something I have never experienced before. I was on a 24-hour shift and had a chance to prayer longer, which is about 10-15 minutes. Suddenly, my tongue uttered differently, and I was unable to control them, I felt joyful and strange at the same time for this was the first time it happened to me. In my next prayer, I also had the same experience until 14 September. So, I told deacon about this matter. Other than using the words of the Bible as a reference, deacon also invited me to church on 20 September to be laid hands on in order to get confirmation on the receiving of the Holy Spirit. After that aforementioned prayer, preacher and deacon informed me that I have truly received the Holy Spirit. I felt at ease and was without worries after receiving this confirmation.

As of now, I still use my leisure time to pray at my workplace. I felt that God will surely be pleased with our prayers as long as we are earnest in prayer and ask of His forgiveness in humility.

My witnessing ends here, praise God and all glory be until Lord Jesus only. Amen.
Report of Training Department

Youth Theological Training Course 2021

The annual short-term theological training classes were held, and as done previously, there were Chinese, English and Malay classes. This national course was conducted online as the situation of the pandemic remained serious in the country.

This theological training course was held over 14 days from 11th to 24th of December. The preachers who conducted lessons in Chinese and English classes included Pr. Daniel Chin, Pr. Joel Chong, Pr. Ezra Chong, Pr. Ezekiel Chang, Pr. Amos Chow, and Pr. Hosea Hoo.

For these classes, the respective numbers of students were 55 in the first year, 33 in the second year, and 28 in the third year.

Truly thank God that although the students were unable to attend the physical classes in the church as the course was conducted online, we have three students received the precious Holy Spirit at their respective home; they were from Penang Church, Bayan Baru Church and Bercham Church. Praise the Lord! May all glory be given unto the Lord Jesus Christ in heaven!

The Malay online short-term theological training class was also held from 11th to 24th December, with the lessons conducted by Pr. Malachi, Pr. Nehemiah Ooi, Pr. Haggai and Dn. Jonah Tan, some brothers and sisters served as the facilitators too.

Total number of students in the Malay class were 24, with 16 in the first year, six in the second year and two in the third year.

Report of Training Department

Adult Theological Course 2021

Thank God that the Adult Theological Class has also been smoothly conducted online from 26th to 30th of December. One of the speakers was Pr. Joel Chong, with lessons on Synopsis/Overview of the Book of Job. Another speaker was Pr. Amos Chow who spoke on I Peter – Joy in Suffering.

There were 130 participants, including three from Singapore, three from Sabah and one from Sarawak.
National Youth Apologetic Training

The GA Youth Department conducted two online National Youth Apologetics Training courses. The speaker was Dr. Isaiah Phan.

The first Training was on the 9th of January 2022 from 2 – 5 pm. The topic shared was Baptism: An Exegetical Study. A total of 48 members participated in the Training (Central region - 35, Southern region - 6, Northern region - 4, Perak region - 3). The second Training was on the 23rd of January from 2 – 5 p.m. The topic shared was Footwashing: Introduction and Concised Hermeneutics. A total of 30 members participated (Central region – 16, Southern region – 5, Northern region – 5, Perak region – 3, Singapore – 1).
活动二  霹雳区宗教教师座谈会
中区宗教教师座谈会

举办组负责人吕那莉雅老师已经在2022年1月16日与霹雳区上线宗教教师座谈会，参与的教师有13位。

接下来在3月6日再与中区联线宗教教师座谈会，参与的教员有78位，感谢神，一切都顺利进行了。

2nd activity: Perak Region RE Teachers Dialogue
Central Region RE Teachers Dialogue

Pr Nahum Lim, the Person-in-Charge of GA Education Affairs conducted an online RE Teachers Dialogue for Perak Region on 16th January 2022. Total participating teachers were 13.

Subsequently, another online RE Teacher’s Dialogue was held in Central Region on 6th March 2022, participating teachers 78 in total. Thank God, everything went smoothly.

中区报告
2021年11月至 2022年1月

活动一：中区灵恩会

中区灵恩会于2021年11月5-7日在鹅唛教会举行，并直播至其他中区教会。讲员是陈俊以理传道、张约珥传道、许哈巴谷传道、和吕那莉雅传道。Reiche Azino Pelin 弟兄被安立为哈该传道。

活动二：中区禁食祷告会

中区禁食祷告会于2021年12月5日由博大宁教会主办与直播。讲员是慕拿但以执事、何马提亚执事、郭振摩执事、和李以撒执事。这项为时半天的节目，英文与中文的直播共有310观看次数，英文与马来文的直播共有170观看次数。

活动三：巴生谷和雪兰莪水灾

2021年12月17-19日巴生谷和雪兰莪所发生的严重水灾影响到许多信徒，尤其是居住于巴生、博大宁、莎亚南、和文德甲地区的信徒。然而，尽管水灾情况严重，中区的教会和宣道中心却未受到影响。巴生教会为此成立了紧急水灾救助基金。感谢主耶稣基督，基金很快筹足并发给34个受影响的家庭。我们也感谢所有教会与弟兄姐妹的关心和在这急需之士所给予的援助。

活动四：中区长执与教会代表会议

新一年的第一次中区长执与教会代表会议于2022年1月9日在蒲种教会举行。来自中区11间教会与宣道中心的传道、长执、教会代表、和协调员都出席了这项会议。会议中向与会者报告了所有中区教会的现况和年度计划。中区长执会也随后进行。

活动五：梳邦再也教会下午安息日聚会

从3月开始，除了每个月的第一个星期，梳邦教会的旧会堂会为说马来语的信徒主办安息日。而在第一个星期，所有信徒会回到梳邦教会遵守圣餐礼。

即将举办的中区活动

<table>
<thead>
<tr>
<th>日期与时间</th>
<th>活动</th>
<th>地点</th>
</tr>
</thead>
<tbody>
<tr>
<td>2022年3月20日</td>
<td>中区长执与职务会成员禁食祷告会</td>
<td>鹅唛教会</td>
</tr>
<tr>
<td>早上6点至下午1点</td>
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<td></td>
</tr>
<tr>
<td>2022年4月3日</td>
<td>中区禁食与祈求圣灵祷告会</td>
<td>八打灵教会</td>
</tr>
<tr>
<td>2022年8月7日</td>
<td>2022年12月3日</td>
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<tr>
<td>2022年6月19日</td>
<td>中区成人团契</td>
<td>梳邦教会</td>
</tr>
<tr>
<td>2022年9月4日</td>
<td>中区敬老会</td>
<td>鹅唛教会</td>
</tr>
<tr>
<td>2022年11月4至5日</td>
<td>中区灵恩会</td>
<td>八打灵教会</td>
</tr>
</tbody>
</table>
1st activity: CR Spiritual Meeting
The CR Spiritual Meeting was held at Gombak church from 5th-7th November 2021 and livestreamed to CR churches. The speakers were Pr. Daniel Chin, Pr. Joel Chong, Pr. Habakkuk Hie and Pr. Nahum Lim. Bro Recihe Azino Pelin was ordained as Pr Haggai Pelin.

2nd activity: CR Prayer and Fasting Service
The CR Prayer and Fasting session was livestreamed on 5th December 2021, as hosted by Botanic Church. The speakers were Dn. Nathanael Ko, Dn. Matthias Ho, Dn. Timothy Kwek and Dn. Isaac Lee. This half-day programme saw almost 310 and 170 views for the English - Chinese and English - Bahasa Malaysia version, respectively.

3rd activity: Klang Valley and Selangor Flooding
The devastating flood in the Klang Valley and Selangor between the 17th-19th December 2021 had affected many brethren primarily those living in Klang, Botanic, Shah Alam as well as Mentakab areas. Despite the serious flooding, CR churches and Evangelical Centres were unaffected. A flood relief emergency fund was set up by Klang church. Thank our Lord Jesus Christ, the fund was quickly raised and disbursed to over 34 affected families. We thank our brethren and churches for their concern and prompt assistance in that time of need.

4th activity: CR Ministers and Church Representatives Meeting
The first CR Ministers and Church Representatives’ Meeting for the new year 2022 was held in Puchong Church on 9th January 2022. CR preachers, ministers, and church representatives from all 11 churches and coordinators of Evangelical Centres were present in the meeting. The situation in all the CR churches was reported, and annual plans were presented to the participants. The CR Board of Ministers meeting was convened following that meeting.

5th activity: USJ Afternoon Sabbath Services
Beginning March, afternoon Sabbath services will commence for USJ Bahasa Malaysia-speaking members in the old Subang church premise except the first week when members will return to Subang church for Holy Communion sacrament.

Upcoming CR Events

<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>Activities</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>20th Mac 2022 6:30 am – 1:00 pm</td>
<td>CR Ministers and CMC Fasting and Spiritual Nurture Session</td>
<td>Gombak Church</td>
</tr>
<tr>
<td>3rd April 2022 7th August 2022 3rd December 2022</td>
<td>CR Fasting and Prayer for Holy Spirit</td>
<td>Petaling Jaya Church</td>
</tr>
<tr>
<td>19th June 2022</td>
<td>CR Adult Fellowship</td>
<td>Subang Church</td>
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<tr>
<td>4th September 2022</td>
<td>CR Honouring the Seniors</td>
<td>Gombak Church</td>
</tr>
<tr>
<td>4th- 5th November 2022</td>
<td>CR Spiritual Meeting</td>
<td>Petaling Jaya Church</td>
</tr>
</tbody>
</table>
霹雳区报告 – 2022年2月

我们感谢神，教会逐步恢复实体的聚会和活动。当然，我们也继续善用线上的便利来进行祷告会、慕道班及会议等，并也会对于住处距离会堂甚远的孩子，或缺乏教员的教会提供线上教义。

牧养的工作主要由地方教会来负责；我们也正在推展小型会众式的面对面宣道事工。目前非常缺乏全职的驻牧传道协助牧养和跟进的工作。我们会讨论是否能成立志工团队来协助上述事工的可行性。在此呼吁也非常欢迎有意愿想要加入这事工的同工联络我们。

短期神学训练课程 Short-term Theological Training Course

第一年 First Year

第二与第三年 Second & Third Year

小组福音聚会 Small group evangelism

在金马伦的宣道工作 Evangelism in Cameron

霹雳区青年团契 Perak Region Youth Fellowship

Perak Region report – February 2022

We thank God that the churches in Perak Region have gradually returned to conducting services and activities in-person.

However, we continue to utilise the advantages of online sessions like prayer sessions, truth-seekers’ classes, meetings, and lessons for our children who are staying far away from the chapel or where teachers are lacking.

Pastoral work is mainly undertaken by the local church. We are introducing small congregation in-person evangelical work. We felt the acute lack of full-time resident ministers for pastoral and follow-up work. We will explore the possibility of establishing volunteer teams to cater for this need. We welcome members who wish to join this divine work to contact us.
Northern Region report

Sungai Petani Church Dedication
20th Anniversary Report.

It has been 20 years, 7300 days and nights. We thank God for His care, protection and guidance. On Nov 13, 2021, 7.30pm - 9.15pm, Sungai Petani church brought forward the service for the 20th Anniversary of our church dedication (the new church building was dedicated on Nov 18, 2001). The commemorative service saw the joyful gathering of not only the local believers, but also believers from abroad who joined us online.

The service started with heartfelt words and encouragement from the preachers and deacons. This was followed by a multimedia slideshow, reminiscing on memories of the first church dedication, and photographs of church activities over the years. These scenes illustrated how the Sungai Petani church building had accompanied us over two long decades.

The multimedia presentation collated the heartfelt words of several late senior believers who shared during the church dedication. It was moving to see the seniors shared the history of the construction of the church, their heartfelt reminders, their beautiful hopes towards the church’s future development. Has the church reached its goals 20 years later as envisioned by these early believers? It is clear that we still have a long way to go.

Sister Wu also shared a hymn of thanksgiving during the service. Each family recorded a short video, recording their heartfelt words towards the church, and leaving behind precious memories for the church dedication.
宣道组报告 Report of Evangelistic Department

宣道组在2022年的线上福音活动如下：The Evangelistic Department's online gospel activities in 2022 are:

马来语福音线上播放日期 1对象是非基督徒 2对象是基督徒
The online broadcast date of the gospel in the Malay language
1 Target audience is non-Christians 2 Target audience is Christians

日期 Date 讲员 Speaker 题目 Topic
19/2/22 玛拉基传道 Pr. Maleakhi 神存在吗 Wujudkah Tuhan？
16/4/22 哈该传道 Pr. Haggai 为何要受洗？Mengapa perlu dibaptis？
18/6/22 玛拉基传道 Pr. Maleakhi 耶稣是全人类的救主 Yesus ialah Penyelamat manusia sejagat

华语与英语福音线上播放日期
The online broadcast date of the gospel in the Chinese & English languages

日期 Date 讲员 Speaker 题目 Topic
15/1/22 黄尼西米传道 Pr. Nehemiah 人人都有罪 Everyone has sin
19/2/22 许亚谷传道 Pr. Habakkuk 要如何得救？How Can We be Saved？
19/3/22 吕那鸿传道 Pr. Nahum 洗礼只是个仪式吗？Is baptism Only a Ritual？
16/4/22 吕那鸿传道 Pr. Nahum 洗礼正确的方法 The Correct Method of Baptism
21/5/22 何西阿传道 Pr. Hosea 信则有不信则无？It Only Exists If We Believe It Does
18/6/22 张以西结传道 Pr. Ezekiel 所有宗教不都一样吗？Aren’t All Religions the Same？
16/7/22 张以斯拉传道 Pr. Ezra 人被忽略的洗脚！The Neglected Foot-washing
20/8/22 张以斯拉传道 Pr. Ezra 洗脚只是犹太人的习俗？Is Foot-washing merely a Jewish Custom？
17/9/22 周阿摩传道 Pr. Amos 不要拜祖宗就是不孝？It is Unfilial Not to Worship Our Ancestors？
15/10/22 陈但以理传道 Pr. Daniel 我命由我不由天！？I Decide My Destiny, Not God！
19/11/22 张约珥传道 Pr. Joel 圣餐的意义 The Significance of The Holy Communion
17/12/22 张约珥传道 Pr. Joel 如何正确预备圣餐？How to Prepare The Holy Communion Correctly？

即将到来的活动！3月份 - 6月份
Up-coming events! March-Jun

3月份 March
20/3 Regional RE dialogue – SR 教区宗教教育对话 – 南区
27/3 1st National Tertiary Student Fellowship 第一次全国大专生联会

4月份 April
3/4 National Tertiary Fellowship 全国大专团契
Zoom 云端视频 Pr Nahum Lim 吕那鸿传道
7–14/4 4th Year Theological Training 第四年神学训练
Zoom 云端视频 Pr Hosea Hoo 何西亚传道，Pr Nahum Lim 吕那鸿传道
8–10/4 Tamil Speaking Spiritual Meeting 汤米尔福音会议 – Kajang Utama 加影先锋村
Pr. Joel Chang & Ministers 张约珥传道和长执
8–10/4 Regional Malay Speaking Spiritual Meeting (North) 区马来语福音会(北) - P.Hulu 高乌

9/4 Regional working youth spiritual nurture & review (South) 区工作青年灵修会和检讨（南）
Zoom 云端视频 Pr. Nehemiah Ooi 黄尼希米传道
16/4 Regional working youth spiritual nurture & review (North) 区工作青年灵修会和检讨（北）
Zoom 云端视频 Pr. Nehemiah Ooi 黄尼希米传道
17/4 Internet & Media Ministry Forum Sharing (1) 网络及媒体座谈会分享 (1)
Zoom 云端视频 Pr. Chen Ching Jung 陈锦荣传道

(W) M’sia GA Newsletter (西马)总会会讯 11
越南事工

自1997年第一颗种子之后，越南的开拓工作就停顿了两年。2005年，正式接手此项工作。在大约15名信友信徒中，愿意推动此项工作的有9名。

最初，志工每月到越南一次，主要聚焦在牧养和寻找牧羊的工作上。早期的聚会，大部分都是在志工住宿的酒

店房间内进行。

于2013年7月，我们开始以每月600美元的价格租住一栋4层楼的房子。从那以后，在我们的圈子里，我们中间搬进了3次。

目前的聚会地点是位于我们信徒经营的越南姐妹管理的咖啡馆（Immanuel）楼上。在疫情期间，每周都有来自马来西亚和新加坡的志工前往协助牧养事工。

语言的隔阂乃是外展工作的主要障碍，过去有志工主动报名参加越南课程，但终究还是难以使用当地的语言沟通交流。可是，有一些当地的越南华裔信徒用越南语或华语交流。多数越南人工作6天，而且经常很忙碌，因此要聚集所有人做崇拜聚会相当困难。

这场疫情可说是因祸得福，因为越南人现在有较多的时间能够通过Zoom与我们一同聚会。目前，我们有星期五晚上的安息日聚会，有4-6名越南朋友参加，另有5名朋友参加了我们的学习英语课程。

我们祈求主感动更多的信徒，尤其是那些会说越南语的信徒献身于越南的事工，这样，我们就可以趁着白日赶紧工作。
The first seed was sown in 1997 but after 2 years, the pioneering work stopped. In 2005, the Eastern Hemisphere took over the work and sent volunteers to restart pioneering efforts. Among the approximately 15 baptized members, only 9 were contactable but the Christian faith was no longer part of their lives.

Initially, trips were made once a month, focusing mainly on pastoral work and seeking the lost sheep. Services were mainly conducted in the hotel rooms of the volunteers in the early years.

In 2013, we started to rent a 4-storey house for USD 600/month and the frequency of visits had increased. We have since relocated 3 times to the current premise which is above a Café (Immanuel) which is managed by our Vietnamese sister. Visits by volunteers from Malaysia and Singapore were on a weekly basis (pre-pandemic).

Language is the main barrier to the outreach work. Volunteers in the past have taken the initiative to enroll in a Vietnamese language course, but it was still hard to converse fluently. However, there are some local Vietnamese of Chinese descent who can speak Cantonese or Mandarin. Most Vietnamese work 6 days and are often busy, hence gathering them for services is often difficult.

The Pandemic has been a blessing in disguise, as the Vietnamese are freer to gather with us for online services via Zoom. At present, we have Friday night Sabbath Services that are attended by 4 - 6 Vietnamese friends and 3 friends attend our Learn English program.

We pray that the Lord will move more members, especially those who are able to speak Vietnamese to offer themselves to this Ministry in Vietnam, so that we can quickly work while it is still Day.
2. 你在哪里学习是重要的

很多人犯了那个错误，就是在无法专心的地方学习。一个有很多干扰的地方不是一个好的学习地方。比如你，如果你在你的寝室学习，你或许会觉得电脑，电视机，或是室友比你更难受。

图书馆、学生休息室的角落或是学习厅，或是安静的咖啡馆是不错的地方。确保在这些地方选择那些安静的地区，而不是那些喧嚣、人潮的地区。

3. 只带你所需的，不带其他的

不幸的是，当你找到一个理想的地方学习时，有时他带他不带重要的东西。比如，用电脑做笔记以便日后的参考似乎是很理想的，但是电脑对大多数人是很令人分心的，因为他们可以做许多其他的事情。玩游戏，上网，即时通讯，浏览网站和回复邮件全是与学习无关的令人分心的事务。所以试问你自己是否真的需要电脑做笔记，或者你同样的可以用老土的纸和笔或铅笔。如果音乐可以让你更有效地学习，也把它们带去。

4. 拟大纲并重写笔记

大多数人会发现保存一个标准的大纲格式帮助他们把资料分解成最基本的部分。你会发现已相似的观念联系一起在考试时更容易记起。拟大纲是记住的重要的事情是，它只有在是用你自己的语言或结构时才成为你的学习器具。

5. 用记忆游戏（记忆器）

记忆游戏，或记忆器，是用简单词语的联想记住零碎的资料的方法。很多时候人把字连串成一起组成没有意思的句子来帮助记忆。

记忆器很管用因为你更加使用你的脑来记住视觉或活跃的图像，而不只是记住一系列的东西。更多地使用你的脑意表着更好的记忆。

6. 自己或跟朋友做练习

你可以自己做练习，用模拟测试，过去的测验或是闪电卡测试自己（看是什么样的科目和有的是什么），有些人享受与一群朋友或同学复习他们的材料。只有维持在小组（4或5人），与有相似的学术资质的人，和同班的人组成的在才能发挥最好的效果。这样的学习组对很多学生有帮助，但不是全部。

指导你的朋友，这样可以帮你用你的词语说出那个观念，过后你可以发现你其实不确定的地方。若要求完美，并不是关乎你知道的有多少，而是你意识到你不知道的有多少。

7. 做一个你可以遵守的时间表

你应该在在整个学期定期地学习尽所能越多的课。有些人每天学习，其他的甚至一星期一或两次。

但是如果你的学习时间表和你的上课时间表一样，长期来说你会发现自己更难于完成。与其临时抱佛脚，你可以做更多的准备。当你没有把这些学习减到一个十二小时的马拉松。每天花三十到六十分钟来学习所学的课堂，课前或课后，能让你从那个材料学到更多。

8. 小休（和奖励！）

由于许多人看学习是一个苦差或是任务，人很自然的会逃避。但是，如果你找奖励来加强你正做的，过后你会惊讶于你的态度的转变。

奖励的开始是把学习时间分成容易管理的几个部分。连续念四个小时，且没有小休对大多数人来说是不切实际或无趣的。念一小小时，然后小休五分钟并吃零食是更舒服和享受，把学习时间分成，成合理和对你有用的。

9. 保持健康和平衡

我知道在求学时很难拥有平衡的生活，但是当你越追求平衡，你的生活中的每个部分会变得越容易。如果你把大部分的时间专注于一个关系或一个游戏，你可以看到那有多容易失去平衡。当你失去平衡，那些没有专注的事情-比如说学习-会变得更艰难。把你所有的时间花在学习上，跟家人保持联系，在校外寻找你可以追求和享受的兴兴。

10. 知道课堂的期望

不同的教授和老师对他们的学生有着不同的期望。上课时听课和做笔记，（尽可能的上每一堂课）是好的开始，你可以做得更好，就是花点时间与导师或教授的助手。

专心上课。如果指导师在白板上写字或是显示在萤幕上，那是重要的。但是如果他们说话时，那也是重要的。当他们在呈献时，把这些抄下。

“我小小的观念和习惯。

1. 智慧和改变都从神而来
2. 学习之前读圣经。”
Effective Study Habits

The key to effective studying isn’t cramming or studying longer, but studying smarter. You can begin studying smarter with these ten proven and effective study habits.

1. How you approach studying matters
Researchers have found that how you approach something matters almost as much as what you do. Being in the right mindset is important in order to study smarter.

Way to help improve your study mindset:
- Aim to think positively when you study, and remind yourself of your skills and abilities.
- Avoid catastrophic thinking. Instead of thinking, “I’m a mess, I’ll never have enough time to study for this exam,” look at it like, “I may be a little late to study as much as I’d like, but since I’m doing it now, I’ll get most of it done.”
- Avoid absolute thinking. Instead of thinking “I always mess things up,” the more objective view is, “I didn’t do so well that time, what can I do to improve?”
- Avoid comparing yourself with others, because you usually just end up feeling bad about yourself.

2. Where you study is important
A lot of people make the mistake of studying in a place that really isn’t conducive to concentrating. A place with a lot of distractions makes for a poor study area. If you try and study in your dorm room, for instance, you may find the computer, TV, or a roommate more interesting than the reading material you’re trying to digest.

The library, a nook in a student lounge or study hall, or a quiet coffee house are good places to check out. Make sure to choose the quiet areas in these places, not the loud, central gathering areas.

3. Bring everything you need, nothing you don’t
Unfortunately, when you find an ideal place to study, sometimes people bring things they don’t need. For instance, while it may seem ideal to type notes into a computer to refer back to later, computers are a powerful distraction for many people because they can do so many different things. Playing games, going online, IM’ing, surfing the Web, and answering emails are all wonderful distractions that have nothing to do with studying. So ask yourself whether you really need a computer to take notes, or whether you can make do with the old-fashioned paper and pen or pencil. If music can make you study efficiently, then bring them with you.

4. Outline and rewrite your notes
Most people find that keeping to a standard outline format helps them boil information down to its most basic components. People find that connecting similar concepts together makes it easier to remember when the exam comes around. The important thing to remember in writing outlines is that an outline only words as a learning tool when it is in your own words and structure.

5. Use memory games (mnemonic devices)
Memory games, or mnemonic devices, are methods for remembering pieces of information using a simple association of common words. Most often people string together words to form a nonsense sentence that is easy to remember.

Mnemonic devices are helpful because you use more of your brain to remember visual and active images than you do to remember just a list of items. Using more of your brain means better memory.

6. Practice by yourself or with friends
You can practice by yourself by testing yourself with either practice exams, past quizzes, or flash cards (depending what kind of course it is and what’s available). Some people enjoy reviewing their materials with a group of friends or classmates. Such groups work best when they’re kept small (4 or 5 others), with people of similar academic aptitude, and with people taking the same class. Such study groups can be helpful for many students, but not all.

Teaching your friends, it would help you to utter the concept in your own words and later discover the area that you are actually not sure. To be perfect, it is not about how much you know; but how much you aware that you do not know.
7. Make a schedule you can stick to
You should study regularly throughout the semester for as many classes as you can. Some people study every day, others put it off to once or twice a week.

But if you schedule study time just as your class time is scheduled, you’ll find it becomes much less of a hassle in the long run. Instead of last-minute cramming sessions, you’ll be better prepared because you haven’t put off all the studying into one 12-hour marathon. Spending 30 or 60 minutes every day you have a class studying for that class before or after is a lot easier and will allow you to actually learn more of the material.

8. Take breaks (and rewards!)
Because so many people view studying as a chore or task, it’s human nature to avoid it. If, however, you find rewards to help reinforce what you’re doing, you may be pleasantly surprised by the change you may find in your attitude over time.

Rewards start by chunking study time into manageable components. Studying for 4 hours at a time with no breaks is not realistic or fun for most people. Studying for 1 hour, and then taking a 5 minute break and grabbing a snack is usually more sustainable and enjoyable. Divide study time into segments that make sense and work for you.

9. Keep healthy and balanced
It’s hard to live a balanced life while in school, I know. But the more balance you seek out in your life, the easier every component in your life becomes. If you spend all of your time focusing on a relationship or a game, you can see how easy it is to be out of balance. When you’re out of balance, the things you’re not focusing on — such as studying — become that much harder. Don’t spend all of your time studying — have friends, keep in touch with your family, and find interests outside of school that you can pursue and enjoy.

10. Know what the expectations are for the class
Different professors and teachers have different expectations from their students. While taking good notes and listening in class (and attending as many of the classes as you can) are good starts, you can do one better by spending some time with the instructor or professor’s assistant.

Pay attention in class. If the instructor writes something on the whiteboard or displays it on the screen, it’s important. But if they say something, that’s important too. Copy these things down as they’re presented.

My Little concepts and habits.
1. Wisdom and Changes are both from God.
2. Read Bible before start study.